

**Year group: 1**

**Time Allocation:** 1/2 term

**Date:** Autumn Term 1

**Teachers:** Mrs Day and Mrs Ilderton



## Incredible Me!



### English/Communication:

As communicators we will be discussing why we are special and how our bodies work. As readers we will be reading a variety of stories with familiar settings and superhero books to support our topic. As writers we will be writing signs, lists and labels and creating information texts about building superhero bodies. We will be learning how to write super sentences with finger spaces, capital letters and full stops.

### Mathematics:

As mathematicians we will follow the national curriculum for mathematics. We will be reading, writing and ordering numbers to 10 using numbers and words. We will identify the number 1 more and 1 less. We will also be learning number bonds to 10 and addition and subtraction facts within 10.

### Science: Animals including humans

As scientists we will be identifying, naming and labelling the different body parts. We will be learning about the senses and carrying out tests using our senses and recording observations. We will look at how our body changes as we grow from a baby to an adult. We will make sure we are healthy and fit to be a superhero by learning about different food groups and making sure we have a balanced diet.

### WHY?

Children will learn why it is important to live a healthy lifestyle and the importance of exercise. They will develop an understanding of their past and how they have developed into an incredible individual.

### Core Value:

**Generosity**

### S.M.S.C

We will discover the importance of caring for and respecting our own bodies. We will learn about how we are all special in different ways.

### Computing:

We will be learning how to log on and off the computer and we will become more familiar with the keyboard. We will use the 2simple program to paint ourselves doing our favourite activity and to improve our drawing skills. We will be learning about E-safety and how to stay safe when working on the computer.

### History: changes within living memory

As historians we will be learning about our past and how we have changed from a baby to a child. We will look at photos from the past of ourselves, our families and our teachers to see what has changed.

### Art and design:

As artists we will be developing our skills in paint, pencil crayon and pencil to create self portraits and portraits of our friends. We will explore different textures to create pictures of superheroes for a display in our classroom.

### Design & Technology:

As design technologists we will be designing and making a superhero mask. We will develop our use of tools and materials and use a range of different techniques to create a superhero gadget. We will learn about where our food comes from and make a fruit salad. We will learn to handle tools safely to prepare a healthy fruit salad. We will make a mock up of a label for our fruit salad.

### PSHE:

We will consider how we can contribute to the life of our classroom and school. We will identify and respect similarities and differences between people.

### RE:

We will be learning about Harvest. We will be finding out about how some people around the world do not have enough food to eat. We will put our faith in action and help others by raising money for gift aid.

### Music:

As musicians we will learn a range of songs to help us learn our body parts. We will explore a variety of instruments and find different ways of playing them. We will use tuned and untuned instruments to create a jingle for a superhero.

### PE:

Throughout our PE lessons will be developing our skills of throwing and catching. We will learn some yoga postures and look at the effect that exercise has on our bodies.