



Whitley Memorial Primary School Whole School PE Long term Curriculum Overview

2022-23

| | Reception Yellow 27 | Year 1 Dunstanburgh 28 | Year 2 Ford 23 | Year 3 Bamburgh 26 | Year 3 Mitford 28 | Year 4 Lindisfarne 33 | Year 4 Chillingham 33 | Year 5 Morpeth 20 | Year 5 Kielder 21 | Year 6 Langley 22 | Year 6 Prudhoe 24 |
|----------|---------------------------|------------------------------|----------------------|--------------------------|-------------------------|-----------------------------|-----------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Autumn 1 | Unit 1 Real PE | Units 1& 2 | Units 1& 2 | Unit 1 RPE | Unit 1 RPE | Unit 1 RPE | Unit 1 RPE | 13:10 - 14:00 | 14:00 - 14:50 | 09:30 - 10:25 | MULTI-SKILLS |
| | | Real PE | Real PE | Dance/gym | Dance/gym | Dance/gym | Dance/gym | MULTI-SKILLS | MULTI-SKILLS | MULTI-SKILLS | |
| | | Dance/gym | Dance/gym | | | | | Unit 1 RPE | Unit 1 RPE | Unit 1/2 RPE | Swimming |
| Autumn 2 | Units 2 & 3 | 13:10 - 14:00 | 14:00 - 14:50 | Rugby | Rugby | 09:30 - 10:25 | 10:45 - 11:35 | Dance/gym | Dance/gym | Swimming | Dance/gym |
| | Real PE | MOD TEAM | MOD TEAM | | | MOD TEAM | MOD TEAM | | | Dance/gym | |
| | | | | Unit 2 RPE | Unit 2 RPE | Unit 2 RPE | Unit 2 RPE | Unit 2 RPE | Unit 2 RPE | | Unit 1/2 RPE |
| Spring 1 | 13:10 - 14:00 | 14:00 - 14:50 | Units 3 & 4 | 09:30 - 10:25 | 10:45 - 11:35 | Rugby | Rugby | Swimming | Invasion game | Invasion game | Invasion games |
| | FUN MOVE | ATT & DEF | Real PE | MOD TEAM | MOD TEAM | | | Invasion games | | | |
| | | | | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE | Unit 3 RPE |
| Spring 2 | 14:00 - 14:50 | Units 3 & 4 | 13:10 - 14:00 | 09:30 - 10:25 | 10:45 - 11:35 | Invasion games | Invasion games | Rugby | Swimming | Net games | Net games |
| | MULTI-SKILLS | Real PE | ATT & DEF | ATT & DEF | ATT & DEF | | | Rugby | Rugby | | |
| | | | | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE | Unit 4 RPE |
| Summer 1 | Units 4 & 5 | 13:10 - 14:00 | 14:00 - 14:50 | Invasion game | Invasion game | 09:30 - 10:25 | 10:45 - 11:35 | Swimming | | Rugby | Rugby |
| | Real PE | ATH & FIT | ATT & DEF | | | ATT & DEF | ATT & DEF | Net games | Net games | | |
| | | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE | Unit 5 RPE |
| Summer 2 | Summer games | Summer games | Summer games | Summer games | Summer games | Summer games | Summer games | 13:10 - 14:00 | 14:00 ATH&FIT | 09:30 - 10:25 | 10:45 - 11:35 |
| | Sports day prep | Sports day prep | Sports day prep | Sports day prep | Sports day prep | Sports day prep | Sports day prep | ATH & FIT | Unit 6 RPE | ATH & FIT | ATH & FIT |
| | Unit 6 Real PE | Unit 6 RPE | Unit 6 RPE | Unit 6 RPE | Unit 6 RPE | Unit 6 RPE | Unit 6 RPE | Unit 6 RPE | Swimming | Unit 6 RPE | Unit 6 RPE |

| Key | |
|--------------------------------------|--------------|
| Fundamental Movements | FUN MOVE |
| Multi-Skills | MULTI-SKILLS |
| Modified Team Games | MOD TEAM |
| Attacking & Defending Invasion Games | ATT & DEF |
| Striking & Fielding | STR & FIELD |
| Net & Wall Games | NET & WALL |
| Athletics & Fitness | ATH & FIT |
| Problem Solving & Challenge Games | PROBLEMS |
| Football | FOOTBALL |