

Whitley Memorial Primary School Whole School PE Long Term Suggested Curriculum Overview 2022-23

	Reception Yellow	Year 1 Dunstan- burgh	Year 2 Ford	Year 3 Bamburgh	Year 3 Mitford	Year 4 Lindisfarne	Year 4 Chillingham	Year 5 Morpeth	Year 5 Kielder	Year 6 Langley	Year 6 Prudhoe
Autumn 1	Unit 1 Real PE	Units 1 & 2 Real PE (2 or 3 sessions from each unit.) Dance/gym	Units 1 & 2 Real PE (2 or 3 sessions from each unit.) Dance/gym	Unit 1 Real PE Dance/gym	Unit 1 Real PE Dance/gym	Unit 1 Real PE Dance/gym	Unit 1 Real PE Dance/gym	Unit 1 Real PE NUFC MULTI-SKILLS 13:10-14:00	Unit 1 Real PE NUFC MULTI-SKILLS 14:00-14:50	NUFC MULTI-SKILLS 09:30-10:25 Unit 1/2 Real PE	NUFC MULTI-SKILLS 10:45-11:35 SWIMMING
Autumn 2	Unit 2 & 3 Real PE (2 or 3 sessions from each unit)	NUFC MOD TEAM 13:10-14:00 Dance/gym?	NUFC MOD TEAM 14:00-14:50 Dance/gym?	FALCONS RUGBY Unit 2 Real PE	FALCONS RUGBY Unit 2 Real PE	NUFC MOD TEAM 9:30-10:25 Unit 2 Real PE	NUFC MOD TEAM 10:45-11:35 Unit 2 Real PE	Dance/gym Unit 2 Real PE	Dance/gym Unit 2 Real PE	Dance/gym SWIMMING	Dance/gym Unit 1/2 Real PE
Spring 1	NUFC FUN MOVE 13:10-14:00	NUFC ATT & DEF 14:00—14:50	Units 3 & 4 Real PE (2 or 3 sessions from each unit.)	NUFC MOD TEAM 09:30—10:25 Unit 3 Real PE	NUFC MOD TEAM 10:45-11:35 Unit 3 Real PE	FALCONS RUGBY Unit 3 Real PE	FALCONS RUGBY Unit 3 Real PE	Invasion games Unit 3 Real PE SWIMMING	Invasion games Unit 3 Real PE	Invasion games Unit 3 Real PE	Invasion games Unit 3 Real PE
Spring 2	NUFC MULTI-SKILLS 14:00-14:50	Units 3 & 4 Real PE	NUFC ATT & DEF 13:10—14:00	NUFC ATT & DEF 09:30—10:25 Unit 4 Real PE	NUFC ATT & DEF 10:45-11:35 Unit 4 Real PE	Invasion games Unit 4 Real PE	Invasion games Unit 4 Real PE	FALCONS RUGBY Unit 4 Real PE	FALCONS RUGBY Unit 4 Real PE SWIMMING	Net games Unit 4 Real PE	Net games Unit 4 Real PE
Summer 1	Units 4 & 5 Real PE (2 or 3 sessions from each unit)	NUFC ATH & FIT 13:10—14:00	NUFC ATH & FIT 14:00—14:50	Unit 5 Real PE Invasion Games	Unit 5 Real PE Invasion Games	NUFC ATT & DEF 9:30-10:25 Unit 5 Real PE	NUFC ATT & DEF 10:45-11:35 Unit 5 Real PE	Net games Unit 5 Real PE SWIMMING	Net games Unit 5 Real PE	FALCONS RUGBY Unit 5 Real PE	FALCONS RUGBY Unit 5 Real PE
Summer 2	Summer games. Sports day prep. Unit 6 Real PE	Unit 5 & 6 Real PE (2 or 3 sessions from each unit). Sports day prep.	Unit 5 & 6 Real PE (2 or 3 sessions from each unit). Sports day prep.	Unit 6 Real PE Summer Games. Sports day prep.	Unit 6 Real PE Summer Games. Sports day prep.	Unit 6 Real PE Summer Games. Sports day prep.	Unit 6 Real PE Summer Games. Sports day prep.	NUFC ATH & FIT 13:10-14:00 Unit 6 Real PE	NUFC ATH & FIT 14:00-14:50 Unit 6 Real PE SWIMMING	NUFC ATH & FIT 9:30-10:25 Unit 6 Real PE	NUFC ATH & FIT 10:45-11:35 Unit 6 Real PE

Key		Real PE Unit Number	Learning focus
Fundamental Movements	FUN MOVE		
Multi-Skills	MULTI-SKILLS	Unit 1	Personal
Modified Team Games	MOD TEAM	Unit 2	Social
Attacking & Defending Invasion Games	ATT & DEF	Unit 3	Cognitive
Striking & Fielding	STR & FIELD	Unit 4	Creative
Net & Wall Games	NET & WALL	Unit 5	Physical
Athletics & Fitness	ATH & FIT	Unit 6	Health and Fitness
Problem Solving & Challenge Games	PROBLEMS		
Football	FOOTBALL		